WEEK ONE:

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MAIN | Pasta in a rustic tomato sauce with cheese | Homemade Pizza <br> With Pepperoni topping | Chinese Chicken Curry | Sausage in a roll In a Petit pain roll | Crispy Chicken Nuggets |
| VEGETARIAN | Macaroni cheese | Homemade Cheese and Tomato Pizza | Chinese Quorn Curry | Vegetarian sausage in a Petit pain roll | Quorn Vegan Dippers |
| SIDES | Garlic bread | Crunchy Coleslaw Sweetcorn | Rice <br> Naan Bread | Seasoned Potato Wedges | Chips Beans/Peas |
| JACKET POTATO | Grated cheese Tuna Mayonnaise Baked beans | Grated cheese Tuna Mayonnaise Baked beans | Grated cheese Tuna Mayonnaise Baked beans | Grated cheese Tuna Mayonnaise Baked beans | Grated cheese Tuna Mayonnaise Baked beans |
| DESSERT | Fresh Fruit Fat free Yoghurts | American Pancakes with Maple syrup | Shortbread Biscuit | Ice Cream Tub | Oat Cookie |
| GLUTEN FREE OPTION | Gluten free Pasta Gluten Free Garlic bread | Gluten Free Pizza Base Gluten Free Jelly | Gluten Free Biscuit | Gluten Free roll Alpro Yoghurt | Gluten Free Fish Fingers |

WEEK TWO:

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MAIN | Pasta with a rustic Tomato Sauce with Cheese | Pork And Carrot <br> Meatballs in a Tomato Sauce (gluten Free) | Roast Chicken Yorkshire Pudding Gravy | Homemade Pizza With Pepperoni Topping | Omega 3 Fish Fingers |
| VEGETARIAN | Macaroni Cheese | Quorn Meatballs In a Tomato Sauce | Cheese Tomato Pastry Puff | Homemade Cheese Tomato Pizza | Quorn Dippers |
| SIDES | Garlic Bread | Rice | Roast Potato Peas Diced Carrot | Sweetcorn Crunchy Coleslaw | Chips Beans/Peas |
| JACKET POTATO | Grated cheese Tuna Mayonnaise Baked beans | Grated cheese Tuna Mayonnaise Baked beans | Jacket potatoes Not Available | Grated cheese Tuna Mayonnaise Baked beans | Grated cheese Tuna Mayonnaise Baked beans |
| DESSERT | Fresh Fruit Yoghurts | Lemon Sponge Cake With Sprinkles | Ice cream Tub | Chocolate Cracknell | Ginger Bread Biscuit |
| GLUTEN FREE OPTION | Gluten Free Pasta Gluten Free Garlic bread | Gluten Free Fairy Cake | Vanilla Alpro Yoghurt | Gluten free Pizza Base | Gluten Free Fish Fingers Gluten Free Biscuit |

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WEEK THREE:

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MAIN | Pasta in a rustic <br> tomato sauce with <br> cheese | Beef Burger <br> In a <br> Bun | Butcher Pork Sausage <br> And Gravy | Crispy Chicken <br> Goujon <br> In a Wrap | Omega 3 <br> Fish Fingers |
| VEGETARIAN | Macaroni cheese | Vegetable Burger <br> In a <br> Bun | Vegetarian Sausage <br> And Gravy | Quorn Dippers <br> In a wrap. | Quorn Dippers |

