

PSED

To explore and discuss own feelings
Carpet/circle time

Making class/individual books/captioned pictures

I am happy when

I am sad whenetc

To think about the feelings of others
To consider the consequences of their words and actions for themselves and others

Link to Rules

To develop self-esteem

Children offering suggestions about what other children can do
To work co-operatively

Communication and Language and Literacy

To develop confidence in the use of language
talking about themselves I amI like ...I can

To extend their vocabulary

- Naming body parts
- Action words (jumping, leaping etc.)

To take pleasure in songs and rhymes

- 'Heads, shoulders, knees and toes' etc.

To use language imaginatively

- In the home corner (family play)
- Puppets

To develop listening skills

To respond to simple instructions

- 'Simon says'
- Language/attention games e.g. 'Stand up if you've got ... 1 nose, 3 ears etc.

To recognise own name and those of friends

To write own name

Numeracy

Counting accurately in 1:1 correspondence

- Counting fingers, toes etc.
- Number rhymes ('1 little finger' etc.)
- Collage self portraits – 2 buttons for 2 eyes etc.

Looking at pairs – arms, legs, feet gloves, shoes, socks hand prints

Counting in twos - 1 child, 2 feet; 2 children, 4 feet etc.

Comparison/ordering/measures

- Comparing adults' and children's hand sizes
Comparing/ordering children by height
- Using non-standard measures
measuring children's heights - with blocks with junk box constructions
- Using laminated hand-prints for measuring
- Drawing around shoes and cutting out, to compare or use as measure

Understanding the World

Naming Body Parts

Finding out about their bodies

- Pictures, posters
- Information books
- Library

Finding out about life cycles

Experimenting with their bodies

- How fat/fast we can run
- How high we can jump
- Picking things up without using our thumbs
- Using one arm, one leg etc.

To recognise similarities/differences between themselves and others. Looking at height, hair colour, skin colour, eyes etc.

EYFS Autumn Term

Reception

Physical Development

Finding different ways of using the body/moving in different ways

- Running
- Hopping
- Skipping
- Crawling
- Climbing
- Jumping
- Cycling etc.
- Through/over/under/along etc.

Using different body parts/things

- Playing with a ball etc.

(Link all of above to work on 'I can ...')

Action songs and rhyme games

Expressive Arts and Design

Providing a range of creative art activities –

- Self-portraits (using mirrors)
- Working in pairs and painting a picture of each other
- Choosing appropriate colours for hair/skin/clothes – colour mixing
- Painting happy/sad faces
- Collage faces/portraits
- Plasticine self portraits
- Clay masks
- Finger painting
- Hand prints
- Rubbings of the soles of shoes
- Shoe prints making moulds of hands with plaster of paris
- Printing with different objects to make a face or a person
- Drawing pictures of family – from smallest to biggest